

From the President

Volume 41, Issue 2

Spring 2026



LUTHERANS FOR LIFE OF MISSOURI

Life Matters

Dear Friends For Life,

“I apologize”. Have you ever spoken these words to someone? I have. Typically, I might follow them with some reason (excuse) as to why my words or action took place. I want the person to see there may have been an “out” for me. Is this phrase equivalent to saying “I’m sorry”?

Maybe, maybe not. “Sorry” comes from “sorrow”, of course. The intent is to convey to the offended person a sincere remorse for what took place. While that could be the desired outcome, often it is said in order to be excused – particularly from some result, even discipline or punishment, that might result. Paul reminds us about true sorrow:

“yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. ¹⁰ Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.”

2 Corinthians 7: 9, 10 NIV

An apology is often quite different. The word actually means “defense”. And so an apology is frequently followed by a reason or excuse. This may likely be an unintentional use of the word.

At our Summit on April 25, Dr. Jeff Gibbs led us in what “apologizing” For Life should be like. His two-page guide, along with our own questions and his responses, gave us a great perspective on what it means to apologize (defend) our life-affirming positions. As he regularly pointed out, “it’s all about Jesus”.

One great text from Scripture used was the familiar 1 Peter 3: 15

“But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect,” NIV

In a similar sort of way, our next presenter, Susan Klein, explained how the upcoming Amendment 3 was developed. Much work and “defense” brought the final product to be approved for the ballot – which it was.

We heard recorded readings from our two essay winners. Congratulations to Lydia Nissing, our first place winner, who took second in the National contest.

We heard from four students from Calvary Lutheran that received assistance from us to attend the March For Life in DC.

An explanation was given regarding our Adoption Fund and how it is connected to Lifesong. We have made available financial help to our LFL community to ease the financial part of adoption

Hopefully next year you will be able to join us at the Summit.

The email version of this newsletter contains much more information than can be put in 7 pages. (example: the winning posters and essays) Over 250 LFLers receive it this way. It will always be on lflofmo.org if you care to see it.

Blessings, Mike (Albers) lflofmo@gmail.com

“Because the poor are plundered, because the needy groan, I will now arise,” says the Lord. “I will place him in the safety for which he longs.”

Psalm 12: 5

DONATIONS RECEIVED

General:

Rev. Lawrence and Susan Eatherton
Gordon & Susan Bredow

In Memory of:

Bob and Lucinda Saeger for Joyce M. Klepel

Adoption Fund:

West St. Louis County Chapter



Thank You!

Donate to LFL of MO!

Send your Name, Address and Amount to

*John Mueller, Treasurer
5 Lindy's Landing Dr., St. Peters, MO 63376*

*Please state if it is a general donation or for a
donation to the Adoption Fund,*

or if it is in Memory of, or in Honor of, someone

or in Thanksgiving for a particular event/happening

Lutherans For Life of Missouri

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ADOPTION FUND FOR ORPHANS

Approximately 153 million orphans world-wide are trapped in a cycle of hopelessness, without anyone to love them...protect them...care for them.... Adoption costs of \$20-30K seems "financially impossible" to many Christian couples. That feeling results in thousands of children remaining in orphanages instead of learning the gospel of Jesus Christ in a forever family.

The "*Adoption Fund, Sponsored by LFL of Missouri*" account is now fully set up and ready! Any Lutheran in our state may contribute.

Send your donation made out to "LFL of MO" to our treasurer, John Mueller, (see his address in the box below), and include the memo **Adoption Fund**.

Any questions can also be directed to him at sharkhunter3@yahoo.co

**Fearfully
and
Wonderfully
Made**





Our featured speaker was Dr. Jeff Gibbs, professor emeritus from Concordia Seminary St. Louis. He retired in 2020 after 28 years. (Both Prs. Swyres and Whittle were his students at one time :) He and his wife Renee headed up the Sem Life Team.

His presentation to us focused on “Life Apologetics”. His two page handout led us through the material. “Apologetics” basically means “defense”. Recall the Reformers reply to the Roman church after it responded to the Augsburg Confession. It was called the Apology to the Augsburg Confession.

We were given opportunities to respond to his leading questions, ask our own questions and present our own thoughts. He gave us great ideas and suggestions on our own Life apologetic (defensive) responses and discussions with people. He mentioned Greg Koukl’s “Stand to Reason” several times. (if you are not familiar with Greg’s defense, it would do you well to study it). Greg’s defense is based on logic and reasoning without a reference to God. It was made quite clear to us that our defense is centered on Jesus. We use non-religious reasoning along with our knowledge of LIFE in Jesus.

Everyone there was quite pleased with his teaching, with plenty of suggestions and ideas to take home with them.

After lunch we were blessed to hear from our second presenter, Susan Klein, Executive Director of MO Right to Life. She volunteered to come to us to present the upcoming Amendment 3. (Yes, “3”. It was given this number because it was the third amendment to be put on the ballot – not because it counters the previous #3).

This “new” #3 will restore the life-affirming laws that were already on the books. That is until November 2024 when the horrible “Amendment 3” undid them passing by **1.5%**. Susan did a thorough job of explaining the painstaking task of developing this new amendment. Many versions were developed and rewritten based on polling that was taken. The current version had the highest percentage of acceptance.



She mentioned that it is too early right now for yard signs and the like. They will be available shortly. Magnetic car signs will also be available. But talking up how to vote on the amendment can be done any time. The key is that this vote will be a **YES**, unlike the previous vote.

You can keep up to date at missourilife.org

In the brief time remaining I reminded the attendees of our *Adoption Fund*. Along with help from Lifesong, our fund provides a large part of the cost of adopting.

Our first, and only, use of this fund so far was several years ago. The story ran in the Winter 2024 newsletter. The Wildauers adopted Zeke, who would be their fourth child. Pastor Weston serves at Good Shepherd in Cape Girardeau. Zeke is now two years old.

Lifesong matched part of LFL of MO's gift. They also were instrumental in procuring Zeke. The Wildauers raised the remainder and the adoption took place. Initially he was born early. They spent time with him while he developed in the NICU. Finally, he was strong enough to head for *home*.

As always, we collect items for the local PHC. This year we garnered:
2560 diapers, 1400 wipes, 2 quilts, 2 tote bags, 2 formula
8 receiving blankets, 4 outfits, 5 pacifiers, 17 onesies, 20 pairs of socks



We are looking for a site for next year's Summit.

Responsibilities include:

Morning snacks and drinks, seating at tables, equipment for speakers, lunch (reimbursed).
See if your group/church would be able to sponsor it?

MO's **LARGEST** Diaper Drive

Once again, LFL of MO will host the annual **Diaper Drive**. It will take place from Mother's Day (May 10) through Father's Day (June 21). Collect them, count them, report your total. Once your diaper report is given to me, a \$50 check will be sent in your name to the organization to which you donated.

Last year we collected 22,487 diapers from 15 groups. Let's see if we can hit 23,000 !!



LFL OF MISSOURI REPORT for 2025



***Midwest March for Life**

***March on the Arch**

***LFL of MO Essay Contest:** Every year for students in grades 6-8 and another for grades 9-12.

* **LFL of MO Poster Contest:** for students in grades 3-5.

***Wallenmeyer Life Awards** for two Lutheran seniors in high school.

***MO's Largest Diaper Shower:** Every year between Mother's Day and Father's Day. Any church that reports the number of diapers collected will be able to name the Center where they donated the diapers. LFL of MO will send a \$50 check to that Center!

***Lifesong for Orphans:** We help fund family dreams for MO Lutheran couples with a dollar-to-dollar adoption matching grant. This is done by donations to our "Adoption Fund"

***Word of Hope Brochures and Holders:** two free per church.

***LFL of MO's Annual Summit**

* **One set of crosses with signs:** LFL of MO maintains this set of crosses that churches may use to display on their property. It is completed by two vinyl signs that explain the display and offer forgiveness and a hotline number to call. (This number is answered by Word of Hope.)

***Displays** at MO District events (Pastors, Educators, District Conferences) and others around the state.

***Newsletter:** LFL of MO prints and mails, or emails, a newsletter four times a year. Summer – digital only. They are always available on the website.

***Web site:** lflofmo.org

***Facebook Page:** There is an LFL of MO Facebook page. Like and follow it for life affirming news.

***Presentations:** LFL OF MO is available to all MO churches for Bible studies, confirmation classes and other kinds of presentations. Contact through lflofmo@gmail.com

***National/Regional Conferences:** The 2025 national conference, Fearfully and Wonderfully Made, was held in Colorado Springs, CO at the Great Wolf Lodge, September 24 – 26.

* **Step Up 4 Life:** May 11 to June 24 <https://lutheransforlife.org/article/step-up-4-life-2025/>

* **LFL National reading opportunities:** As a member of LFL, you will receive the quarterly publication, Life Date. There is a weekly email called Life Notes, sent to anyone who signs up for it. You can do so at the lutheransforlife.org website. When there, go to the top right corner and click on the purple box. "LFL E-MAIL SIGNUP"

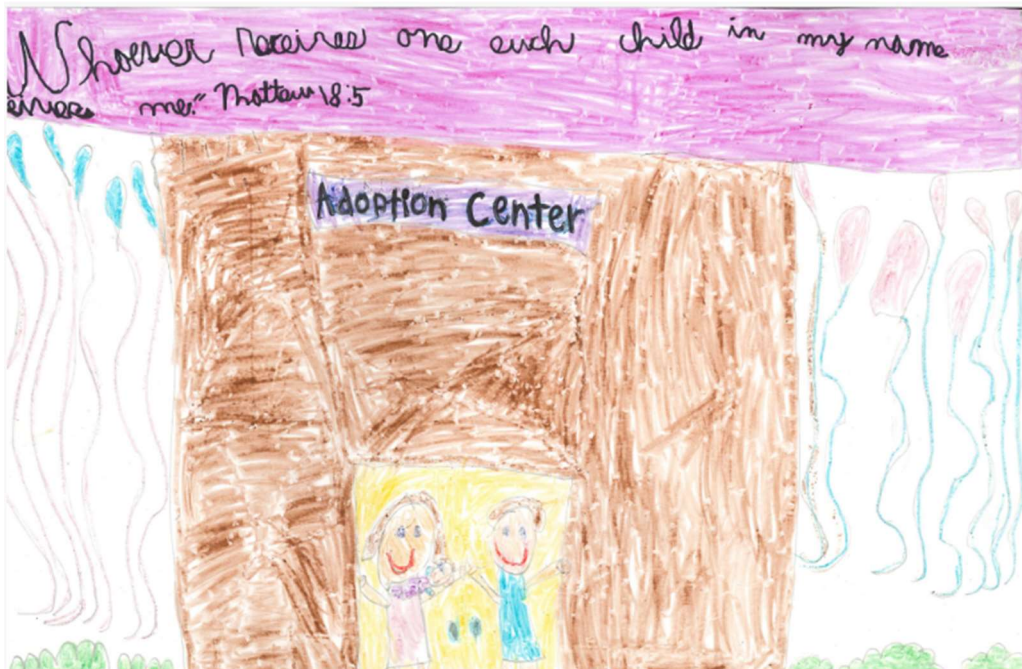
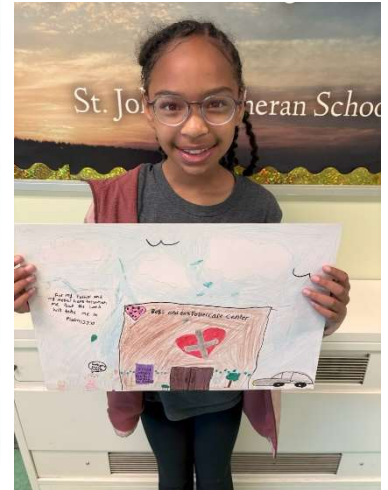


* **Email news and events:** Sent often to those on the newsletter email list.

2026 POSTER CONTEST



First Place
Shalomi Williams
St. John's Hannibal



Second Place
Rylie Adcock
St. John's Hannibal



Salomi will receive a \$75 award; Rylie receives a \$50 award.
Teacher Kate Kamacho will receive a \$125 award.

2026 6 – 8 GRADE ESSAY CONTEST

Lydia Nissing First Place
National Contest, Second Place
Immanuel, St. Charles



Abortion: Stealing God’s Precious Lambs

When babies are killed through abortion, their lives have been stolen from them. Jesus says in John 10:10, “The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly” (English Standard Version). When a baby is aborted, this little lamb has been stolen from our Good Shepherd’s flock. The devil is tempting mothers into killing their babies, so he can steal the lives of these children. However, Jesus has come for the purpose of giving us life. We should uphold this God-given life, not destroy it.

In John 10:11, Jesus says, “I am the Good Shepherd: the Good Shepherd giveth His life for the sheep” (King James Version). Because of God’s unconditional love, He gave His only Son for all people, so that they may have life. We should not throw away this gift, but receive it thankfully and rejoice in His wonderful creation. He created us all to be unique, and He has a special plan for every one of us. Psalm 139:13 says, “For you formed my inward parts; you knitted me together in my mother’s womb” (English Standard Version). God carefully created every one of us. No matter what size, color, or disability, God wants all of the sheep in His flock to live abundantly. Many people try to justify abortion by saying that when an unborn baby is very small, he or she is not a baby yet. This is not true because life starts at conception. He or she is already a human, created by God. Every year, about seventy-three million babies are killed through abortion worldwide (“Abortion”). God does not want us to end the life of His creation because He values the life of every child. Unborn babies all have a soul, are loved by God, and have the right to live just like the rest of us.

Instead of taking the life of these little lambs, we should love them, just as Jesus does. Jesus came that they may have life. Taking the lives of these children is stealing from God. He loves every one of us and does not want His children to be stolen by abortion, the thief of His sheep. God wants all of the sheep in His flock to have life, be baptized, and to love Him, so they can live with Him forever.

Lydia receives a \$200 award from LFL of MO, and a \$250 award from National LFL

Her mentor, Susie Schmieding, will also receive an award for \$200

Lucy Howe Second Place

Immanuel, St. Charles



Every Story Needs a Beginning

God is the author of life; we are the characters in His story. When a part of His story is taken out, it is left at a cliff hanger; a piece of God's writing is left unfinished. Each one of us has our own part in God's book. Abortion is not a part of the plan God has written for His children. All of God's characters need to let Him keep writing, so that they may have life.

Everyone deserves to live through God's story. We know every day, we are at risk of being tempted to make the wrong choice. In John 10:10, while sharing a parable with the people, Jesus says, "The thief comes only to steal and destroy. I came that they may have life and have it abundantly" (English Standard Version). Giving into temptations and fears will only result in harm and will not benefit us in any way. In the United States of America, 73% of women who have an abortion do so because of the inability to afford or care for the child ("Reasons U.S. Women"). Unfortunately, the decision to have an abortion is mostly based on the fear of not knowing what the future may hold. However, all throughout the Bible, God expresses what His plans are for us. In Jeremiah 29:11 He states, "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." As Christians, we have reassurance knowing that the story God is writing for us will only bring peace to our lives. He gives us so many blessings, like the gift of bearing a child, yet we do not always see how wonderful these gifts truly are. In fact, approximately 200,000 abortions occur worldwide per day ("Abortion Statistics"). These babies do not get the chance to live out their parts in God's story. Everyone deserves to experience the plans God has written for them.

Abortion is not a part of the story God has for us. We know God will not harm us, but we will be tried with hard times. We need to strive to make the right decisions, ones that value all of God's creation. Each life should be honored, so God can keep writing His story and so all may have life.

Lydia receives a \$100 award from LFL of MO.

Her mentor, Susie Schmieding, will also receive an award for \$100

Leonard Wallenmeyer Life Awards

It was a lot more challenging to pick winners this year.
(there was only one submission last year; there were seven this year).
They had the tough job of replying to this criteria:

=====

How do your activities and your mindset conform to the LFL mission statement?

“Equipping Lutherans and Their Neighbors To Be Gospel-Motivated Voices For Life”

Answer that question with an essay. It should be well thought-out, organized, and incorporate proper grammar, correct spelling and punctuation. Please support your essay with appropriate scriptures. It must be typewritten and contain no more than 750 words.

=====

LFL of MO changed the award to \$1000 recently, then increased it to two \$1000 awards in the hope of drawing in more contestants. When discussing the entries, one stood out as a clear winner. Two others were in a “tie” but not quite worthy of the \$1000 award.

It was decided by the board, as recommended by the committee, to split the second award. Here are the award winners for 2026

\$1000 was awarded to Joy Anna Federwitz. (Essay below)

\$500 was awarded to both Jack Lake and Levi Federwitz.

Life Motivated By The Gospel, by Joy Anna Federwitz

In this essay, I will explain how my mindset and activities reflect the Lutherans For Life mission: “Equipping Lutherans and Their Neighbors To Be Gospel-Motivated Voices For Life.” I will begin with my mindset, including how my childhood and background helped shape it, and then describe how it influences my current activities. I will also share how I encourage my Life Group to be active in our community and continue learning so we are confident in what we believe. Throughout this essay, I will include Scripture that supports these ideas.

I start with mindset because that is where everything began for me. I had the wonderful opportunity to grow up as a missionary kid in Ghana, West Africa. This experience strengthened my love for my faith and helped me see how the Gospel impacts people from many different cultures. Seeing this firsthand motivated me to speak more openly about my faith and share the Good News with others so they can also be impacted by it.

Romans 1:16 says, “For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek.” While this verse

speaks about spreading the Gospel around the world, it also reminds me not to be ashamed of what I believe and to speak about it openly.

About five years ago, my family moved back to the United States and now lives in Missouri. At my church, we have a wonderful Bible class that I love attending. It has helped me continue growing in my understanding of the Gospel. My favorite part is being able to ask questions and hear the thoughts and perspectives of others.

Shortly before high school, I also became more active in my church. I began helping with Sunday school and co-teaching Vacation Bible School. It is important to me to uphold life not only in a physical sense but also in a spiritual sense. Because of that, I have continued volunteering in these areas to help younger children grow in their faith.

As I entered high school, my mindset continued to grow. My freshman year I learned about Youth for Life and was very interested in it. Around the same time, I also began seeking ways to talk with others about life issues and what I believe. I wanted to understand these topics better so I could have thoughtful and respectful conversations.

A verse that reflects this mindset well is 1 Peter 3:15: “But in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect.” This verse reminds me that when discussing life issues, I should be prepared but also gentle and respectful.

One conversation I clearly remember was with a girl in my dorm. We were spending time together and talking, so I felt comfortable asking what she believed about abortion. She said she believed abortion was acceptable until about six months of pregnancy. We continued discussing the issue respectfully, and by the end of our conversation she said she believed abortion should not happen after only a couple of weeks. While she still believes abortion can happen early in pregnancy, her perspective shifted significantly, which I believe was a positive step in the right direction.

Experiences like this continue to motivate me and encourage me to pursue life-affirming activities. After high school, I plan to join the Life Chapter in my town since I will no longer be part of my school’s life team. I would also like to be involved with a young adults’ life team if possible.

Another dream of mine is to volunteer as a social worker for children. About a year ago I met a child social worker who shared many stories about the children she worked with. Hearing those stories filled my heart with compassion and gave me a strong desire to help children in difficult situations.

While speaking about what we believe is important, our actions should also reflect those beliefs. I try to live this out by volunteering, being active in my church, and having thoughtful conversations with others. Being extroverted helps me connect with people, and I have learned that when you listen to someone’s opinion first, they are much more willing to listen to yours.

In addition to mindset, my activities have also played an important role in living out this mission. As I mentioned earlier, I have helped teach Vacation Bible School every year since before high school. When I entered high school, I also joined the school’s Life Group and was one of the first members when it started during my freshman year.

When I first heard our school might create a life team, I strongly supported the idea and encouraged others to join. During the first year, about ten students became members. Some have since graduated, but we have gained several new members this year, many of whom are freshmen. I have been a leader in the group since the beginning and participated in training with Michelle Bauman.

Through the Life Team, I have participated in many life-affirming activities. James 2:26 says, “For as the body apart from the spirit is dead, so also faith apart from works is dead.” This verse reminds us that faith should be visible through our actions.

Our group has organized service projects to show appreciation for people in our community. For example, we made Valentine’s goodie bags for our local firefighters and delivered them in person. We also sang hymns at a local nursing home during the Christmas season and created Christmas cards for the residents the following year.

I have also attended two March for Life events with my Y4Life team, which encouraged and strengthened our group. In addition, I attended the Life Summit in Minnesota this year. That experience helped me learn about important life issues such as IVF and the challenges faced by people experiencing homelessness. The Summit was very impactful and strengthened my commitment to being a voice for life. I have also encouraged members of my Life Group to attend if they have the opportunity.

Growing up as a missionary kid helped shape the mindset I have today. That mindset led me to become active in my church and my school’s Life Group. Through these experiences, I have gained knowledge, strengthened my faith, and continued learning how to live out the Gospel by being a voice for life.

Your LFL of MO Board

Mike Albers (President)	Barb Stahlman (Vice President)	John Mueller (Treasurer)	
Sylvia Glenn (Secretary)	Rev. Brian Whittle	Ruth Kirchhoff	Linda Gasau
Diane Albers	Kim DeLuce	Elaine Ott	Laura Grise

Amendment 3

Not as in “remember that horrible thing”, but in “Coming Soon – New and Improved.” (see the article above from our Summit)

That’s right. On the ballot coming this year, an amendment will be up for vote. Basically, it restores all of the life-affirming laws in the constitution that the *last* A3 removed.

Keep a sharp eye out for that. Promotion for it will take place in the coming future. We’ve been asked to ‘hold off’ for now.

Visit missourilife.org for more info.

Chapter and Life Team Reports

Capitol Area Chapter We will again have a table with lots of life-affirming information at the Midwest March for Life at the state Capitol in Jefferson City on April 30th. And we will be marching with our new banner! Also, Calvary Lutheran High School, Jefferson City has the honor of being the pro-life school of the year and leading the march! We are also just starting a fundraiser by selling t-shirts. They are red in color with the words on the front saying, "Every Life is God's Masterpiece." The back has Deuteronomy 30:19 - "Now choose life, so that you and your children may live."

Christ Memorial, St. Louis LT We sponsored another Monarch Jewelry event in November. We will host another one in early May. The Baby Bottle campaign for the Pregnancy Help Center was held from Life Week for two weeks. Again, we set up a table with brochures and "babies" in a blanket for children. Diane led the children's message. LFL of MO's Largest Diaper Drive begins this Mother's Day, continuing through Father's Day.

Peace, St. Louis LT The Life Ministry team at Peace Lutheran Church organizes a homebound encouragement card program at Peace. Members of the congregation are invited to take a card and the postage paid, addressed envelope, write a short note and mail the card to a homebound member.

Rolla Area Life Chapter Congregations in the Rolla Area LFL serve their communities in various pro-life means, from providing Blessing Boxes containing food items, supplying food pantries, supporting a Caring Closet for young people ages 18 to 30 years old; provide a float with a pro-life message in local civic parade, and donating kitchen items to the mother's home in Rolla. Several members have attended their local pregnancy resource center annual fund raiser and other members have recently attended a pro-life workshop by Dr. Marc Newman. The group also conducted their spring meeting in April at which time a program on Human Trafficking based on the HHS Prevention Month Toolkit. The group also hosted the annual Missouri Summit for Life. To God be the glory.

Springfield Life Chapter A young guest volunteer had so much fun at our Christmas Senior Citizen party that she suggested we have one in the Spring. What a glorious idea! We decorated eggs, played Springtime Bingo, and very important – we had great snacks! Many of the senior residents at the local nursing home joined in our Easter singing. There was joy for all as we shared the Celebration of our Savior's Resurrection. We are beginning our annual Mother's Day/Father's Day ingathering. Displays are being set up at all churches for our ALL STAGES OF LIFE ingathering. Information is in the bulletins about each agency – Newborns in Need, Sammy's Window, a support group for foster families and also a local nursing home. The ideas for donations are endless. We hosted two tables at the annual Pregnancy Care Center banquet. The keynote speaker was incredible and informative. Our MONGO Rummage sale is just around the corner. People are already calling to see how to help. We are excited. *So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience. Colossians 3:12 NASB*

Trinity LT, Columbia Our Life Team continues to meet monthly with a light meal and fellowship before our meetings. On April 12 we had a Lunch and Learn with Susan Klein from Missouri Right to Life to speak about the new amendment 3. We had 27 in attendance who learned about the need for this amendment to pass to place some restrictions on abortion in our state. We promoted the Missouri Lutherans For Life Summit in Rolla on April 25 and the Midwest March for Life on April 30th. Our team brought treats to our March meeting to go in 15 Easter Goody bags for our home bound and those were delivered. We also sent out Easter cards made by a church member. We will have a display for the Diaper Drive running from Mother's Day to Father's Day and will distribute the diapers to My Life Clinic and LFCS.

I have edited this list recently: those involved, please look it over. Let me know if there are any other corrections for your Life group. I emailed some of you recently to see if your group was still existing. I did this because I received a list from national and your group was not listed. Thank you very much.

Lutherans for Life of Missouri Chapters and Life Teams

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Unfortunately disbanded.

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